

100 PUTT CHALLENGE

DISTANCE:

RULES →

WEEK 1

25

WEEK 2

25

WEEK 3

25

WEEK 4

25

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FRONT

Print on card stock, clip, laminate and secure a dry erase marker. Keep this card in your golf bag for reference!

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Courtesy of the Women's PGA Clinics, a nationwide series of golf clinics just for women.

100 PUTT CHALLENGE

Attempt 25 consecutive putts once a week from the same distance for 4 weeks. Record putts made.

Focus on **3-footers** first.

Measure exactly 3 feet from the hole and mark the spot so you are consistently putting from exactly the same distance. Record how many putts you made out of 25 each week.

When you have made 100 3-footers by sinking 25/25 for four consecutive weeks, increase the distance to 4 feet, then 5 feet, and so on.

Laminate this card and use a dry erase marker to record your putts made from each distance. Wipe off to start over from a new distance! Keep this card in your golf bag as a reminder to do the challenge every week.

*Send us a selfie of your progress whenever you like!
FORE! Fridays | sfracker@jbcgolf.com*

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BACK

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