

MY CLUB DISTANCES			
	Women's Range	Current	Season End
Driver	150 - 220 yds		
3-Wood	140 - 200 yds		
5-Wood	130 - 190 yds		
HYBRIDS / MID-IRONS			
3	125 - 180 yds		
4	120 - 170 yds		
5	115 - 160 yds		
6	110 - 150 yds		
SHORT IRONS			
7	100 - 150 yds		
8	90 - 140 yds		
9	80 - 130 yds		
WEDGES			
Pitching	70 - 120 yds		
Gap	60 - 110 yds		
Sand	50 - 100 yds		
Lob	40 - 90 yds		

ForeFridays.com



Snip and laminate this card. Using a dry erase marker, write down how far you are hitting each club right now. Update periodically as your distances improve so you have a reference in your bag. Document your final distances at the end of the season - a great starting point for next year!

To subscribe to *FORE! Fridays* weekly e-pub, please visit www.forefridays.com.

Courtesy of the PGA Women's Clinics presented by AIG, a nationwide series of golf clinics just for women.

